



ML Experts Consulting

Mr Mark C Forster

MB ChB, FRCS (Ed) FRCS (Orth)

Consultant Trauma & Orthopaedic Surgeon

GMC number: 4040442

ML Experts Consulting
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Current posts

Consultant Trauma & Orthopaedic Surgeon (appointed Jan 2007) to:

- University Hospital of Wales, Cardiff
- University Hospital Llandough, Cardiff
- Spire Cardiff Hospital

Lead Knee Clinician for Cardiff and Vale University Health Board (March 2012 to Present)

Areas of expertise

I undertake personal injury cases on musculoskeletal injuries including whiplash, upper and lower limb injuries. I have a special interest in lower limb injuries and knee surgery.

I undertake medical negligence cases on lower limb injuries and all aspects of knee surgery.

I have attended and successfully completed a medico-legal expert witness course. I accept medico-legal instruction from both claimants and defendants.

Qualifications

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|--------------------|------|
| MB ChB (Sheffield) | 1993 |
| FRCS (Ed) | 1998 |
| FRCS (Orth) | 2004 |
| CCST Orthopaedics | 2006 |

Training in Orthopaedics & Trauma

South Trent Orthopaedic Specialist Registrar Training Programme 2000-2005

Fellowships

- Hip & Knee Arthroplasty / Soft Tissue Knee Surgery Fellowship, Sportsmed SA, Adelaide, Australia (6 months)
- Knee Arthroplasty / Soft Tissue Knee Surgery Fellowship, Derbyshire Royal Infirmary, Derby (6 months)
- Knee Arthroplasty / Soft Tissue Knee Surgery Fellowship, Queen's Medical Centre, Nottingham (6 months)

Research

I am heavily involved in research, with over 40 papers in peer reviewed journals and over 50 national and international presentations. I am a reviewer for The Knee and American Journal of Sports Medicine.

Selected Papers

- Review of Kinemax total knee replacements performed at the NHS Treatment Centre, Weston Super Mare: Five year results.
BA Hickey, PJ Kempshall, AJ Metcalfe, **MC Forster**
Journal of Bone and Joint Surgery (British Volume) 2012 94B p510-516
- Aseptic loosening of the patella component at the cement-bone interface.
NK Rath, AG Dudhniwala, SP White, **MC Forster**
The Knee 2011 19 p823-826
- The reliability and accuracy of digital templating in total knee replacement.
RW Trickett, P Hodgson, **MC Forster**, A Robertson
Journal of Bone and Joint Surgery (British Volume) 2009 91B p903-906

- Review of Kinemax knee arthroplasty performed at the NHS treatment centre, Weston-Super-Mare.
PJ Kempshall, A Metcalfe, **MC Forster**
Journal of Bone and Joint Surgery (British Volume) 2009 91B p229-233
- Lateral unicompartmental knee replacement: fixed or mobile bearing?
MC Forster, AJ Bauze & GCR Keene
Knee Surgery, Sports Traumatology, Arthroscopy 2007 15 p1107-1111
- A retrospective comparative study of bilateral total knee replacement staged at a one-week interval.
MC Forster, AJ Bauze, AG Bailie, MS Falworth & RD Oakeshott
Journal of Bone & Joint Surgery (British Volume) 2006 88B p1006-1010
- Distal femoral fractures: A review of fixation methods.
MC Forster, B Komasamy & JN Davison
Injury 2006 37 p97-108
- Modern unicompartmental knee replacement
G Keene & **MC Forster**
Current Orthopaedics 2005 19 p407-482
- Patella tendon or 4 strand hamstring? A systematic review of autografts for anterior cruciate ligament reconstruction.
MC Forster & IW Forster
The Knee 2005 12 p225-230
- Reaming during anterograde femoral nailing: is it worth it?
MC Forster, AS Aster & S Ahmed
Injury 2005 36 p445-449
- Is reaming necessary for tibial nails?
AS Aster, **MC Forster** & ASW Bruce
Injury 2005 36 p439-444

Professional Society Membership

Royal College of Surgeons of Edinburgh
British Association for Surgery of the Knee
British Medical Association