



ML Experts Consulting

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Profile

Professional and highly effective Honorary Senior Lecturer, Lead Consultant in Pain Medicine and Consultant in Anaesthetics, Imperial College Healthcare NHS Trust 1991 - 2021), with over 30 years in a senior clinical leadership and specialist role in the NHS. I manage the most difficult and multiple needs of patients with complex problems, always providing dynamic diagnoses and the highest standards of treatment, which are consistently measured as excellent against patient and quality satisfaction.

As an anaesthetist, I am sought to manage some of the most complex patients for major surgery, especially for cardio-vascular surgery and complex cancers.

After a total of 39 years in the NHS, all at Imperial College Healthcare NHS Trust (at both Hammersmith and St Mary's Hospitals prior to the merger), I left to focus on the development of cannabis medicine for pain management, being appointed Medical Director of Sapphire Medical Clinics, the first fully licensed Multi-disciplinary Cannabis clinic, rated by the CQC as 'good with excellent leadership'. I also continue to run a private practice for Anaesthesia and Pain Medicine.

I have been rated as having 'Excellent communication, negotiating and mediation skills', who takes seriously Chairing and leading at executive and board level to instil positive values, creativity and empathy to healthcare team working. I am highly respected, supporting and working in and across boundaries to partner with leading clinical and academic colleagues nationally and internationally.

Academic Qualifications:

- MB BS, Western Australia, 1977
- MA, Bioethics, Surrey, 2006

Professional Qualifications

- FRCA, London, 1988
- FFPMRCA, London, 2007

Medicolegal

I write medicolegal reports and opinion for patients with medicolegal issues regarding pain or anaesthesia, confirming diagnosis and examining the treatment they have received and whether appropriate, also examining for any breaches of duty.

I have seen many patients with severe pelvic pain following Laparoscopic Ventral Mesh Rectopexy (LVMR) as well as other mesh cases and have produced a number of reports on this issue. I have been the favoured specialist for pelvic mesh patients with Irwin Mitchell for several years, and completed in excess of 50 mesh expert reports.

I am an expert in pain. Unlike other specialisms, including gynaecology, I can ascertain the damage that the mesh causes in the pelvis. What results in pain and dysfunction is nothing to do with gynaecology, but how it damages the nerves, causes on-going inflammation and scar tissue, with ongoing nerve entrapment and multiple neuropathies, including damage to the lumbosacral plexus on each side. This often produces sciatica, with loss of function of the feet and sometimes the legs themselves.

Many specialists do not understand these issues, and the complexity of nerve anatomy in the pelvis, which has several nerves innervating all the different organs crammed into the pelvis. These include the pudendal, autonomic, and other nerves, including the sciatic nerve, branching off the lower lumbar and sacral nerves.

I have over 15 years medicolegal expertise, including large, complex cases (settlement in 7 figures). I undertake complex, serious injury, clinical negligence and also criminal cases regularly, including home and prison visits where necessary.

I have attended High Court and other Courts to give evidence, including at criminal trial. I have never been the subject of any judicial sanction or adverse review.

I undertake between 70 and 150 cases per year currently, split approximately 5% criminal cases, 5% Single Joint expert, 50% Claimant work and 40% Defendant work.

Key Skills and Experience

Lead Consultant in Pain Medicine, Consultant in Anaesthetics

- Set up acute inpatient pain service at St Marys in 1994 as full-time consultant, after three years as Senior Lecturer / Honorary Consultant, and continued to aid my colleague in running the Chronic Pain clinic.
- Director of Clinical Studies, St Mary's Hospital Medical School, 1995-2005, overseeing merger of St Marys Hospital Medical School with Westminster and Charing Cross Medical School in 1997, continuing as St Marys lead until 2005.
- Played a key leadership role, 1994 – 2009, to deliver on St Mary's NHS Trust outpatient pain services creating a successful and profitable unit, training Pain Fellows and Registrars in Pain Medicine.
- Charged with Over-seeing the merger of St Mary's NHS Trust and Charing Cross NHS Trust pain clinics, onto the Charing Cross site in 2009, to ensure smooth integration of inpatient and outpatient pain services (including Hammersmith Hospital NHS Trust).
- Senior clinician, managing and overseeing the business of the pain service, providing senior clinical leadership for the speciality. Weekly quality meetings with the management team and senior nurses to provide an open forum to discuss clinical delivery and patient satisfaction. Review inpatient pain services and issues around input and throughput such as staffing and service optimisation.
- Advisor, clinically providing integrated service to palliative care for difficult pain in end of life care, in four regional hospices, particularly Pembridge Hospice, as well as within Imperial Trust.
- Lead supervisor for the Advanced Pain fellow, since the first was appointed in 1994, having now trained 28 fellows, all of whom became pain consultants. Effectively ensuring that training is fulfilled, with a 100% record since we started (most pain consultants in this part of London were our trainees). I also sat on the London Pain Training Advisory Board for the Faculty of Pain of the Royal College of Anaesthetists.
- Medico-Legal experience: extensive experience, including Court appearances when necessary. I have never been the object of any judicial sanctions. I cover both Anaesthesia and Pain Medicine advice for legal cases.
- Working closely with Pharma, I have improved the generation of research with drug trials and new technology. I now take part in real world research into the benefits of cannabis medicine, using our national patient registry, with regular questionnaire input by patients to monitor progress. We have now published four papers on this research.

Additional Leadership Roles:

- I was Director of Clinical Studies (Dean) of St Mary's Hospital Medical School for some 10 years, overseeing its merger with Charing Cross and Westminster to create Imperial College Medical School.
- For 15 years I was Chair and Deputy Chair of Local Negotiating Committee (LNC), being the British Medical Association committee, which represents consultants and associate specialists in the Trust to oversee and monitor doctors' employment interests within the Trust. Represented on the Staff Side Committee.
- Chair of TMAC (Trust Medical Advisory Committee) for several years, seeking to gain better involvement of the consultant body, encouraging divisional engagement under the Trust structure.
- Chair of Philosophy & Ethics Special Interest Group (SIG) of British Pain Society for some 10 years.
- I was appointed the first Guardian of Junior Doctors for three years from 2017. This role was developed to protect junior doctors and their training, working with H/R and the LNC. I found it very rewarding and very successful – opening up a communication channel that junior doctors could use, with regular meetings to discuss issues in regard to their working and training in the Trust.

Current Practice

I have a rich and varied private practice, involving firstly my role as Medical Director of Sapphire Medical Clinics, a multi-disciplinary team involving Pain specialists, gastroenterology, paediatric neurology, Adult neurology, palliative care, psychiatry, and dermatology. We have been highly rated by CQC in our last review.

I do regular private pain clinics, seeing patients with all types of pain problems, diagnosing the cause and giving appropriate treatment. I anaesthetise patients for complex vascular, orthopaedic and cancer patients, seeking to optimise outcomes and ensure relief of suffering.

I have been head-hunted by Top Doctors and they have created a new website for my practice and refer to me as an 'excellent senior and highly experienced doctor, highly rated by patients'.

Publications – Papers:

- 1) Platt M, Platt S, Royston D. Lymphocyte proliferation: dichotomy of effect of related anaesthetic agents. *British Journal of Anaesthesia* 1986; 58: 132 (abstract).
- 2) Platt MW, Hayward A, Cooper A, Hirsch N. Effect of arterial carbon dioxide tension on the duration of action of atracurium. *British Journal of Anaesthesia* 1991; 66: 45-47.
- 3) Jellinek D, Platt MW, Jewkes D, Symon L. Effects of nitrous oxide on motor evoked potentials recorded from skeletal muscle under total intravenous anaesthesia with propofol. *Neurosurgery*, 1991; 29:558-562.
- 4) Harrop-Griffiths AW, Platt MW, Hirsch N, Feldman S. Pipecuronium versus high dose vecuronium. *Anaesthesia* 1992; 47: 107-109.
- 5) Wrigley SR Jones RM, Harrop-Griffiths AW, Platt MW. Mivacurium Chloride a study to evaluate its use during propofol-nitrous oxide anaesthesia. *Anaesthesia* 1992; 47: 653-657.
- 6) Kulkarni PR, Lumb AB, Platt MW, Nunn JF. Estimation of tidal volume from the reservoir bag. *Anaesthesia* 1992; 47: 936-938.
- 7) Parsons RS, Jones RM, Wrigley SR, Macleod KGM, Platt MW. Comparison of desflurane and fentanyl-based anaesthetic techniques for coronary artery bypass surgery. *British Journal of Anaesthesia* 1994; 72: 430-438.
- 8) Platt MW. Mivacurium in day-case surgery. *Journal of Drug Development* 1993; 5, S1: 15-19.
- 9) Platt MW. St Mary's Anaesthetic Rounds and Training Seminars: Total Intravenous Anaesthesia (TIVA), a meeting report. *Today's Anaesthetist* 1994; 9: 81-85.
- 10) Platt MW. Mivacurium for short to intermediate surgical procedures. *Acta Anaesthesiol Scand* 1995; suppl 106; 309: 30-34.
- 11) Platt MW. Anaesthesia for Laparoscopic Surgery. *Anaesthesia and Intensive Care Medicine* 2003; volume 4: 36-37.
- 12) Mehmet Ergisi,...Simon Erridge, ...Michael Platt ... et al. An Updated Analysis of Clinical Outcome Measures Across Patients From the UK Medical Cannabis Registry Published Online: 24 Jan 2022 <https://doi.org/10.1089/can.2021.0145> Cannabis and Cannabinoid Research
- 13) Devaki Nimalan.... Michael Platt, et al: UK Medical Cannabis Registry palliative care patients cohort: initial experience and outcomes: *Journal of Cannabis Research* volume 4, Article number: 3 (2022)

- 14) Michal Kawka BSc (Hons), Simon Erridge MBBS, BSc (Hons),....., Michael W. Platt MA, MBBS, FRCA, FFPMRCA, et al: Clinical Outcome Data of First Cohort of Chronic Pain Patients Treated With Cannabis-Based Sublingual Oils in the United Kingdom: Analysis From the UK Medical Cannabis Registry: The Journal of Clinical Pharmacology. First published: 02 September 2021: <https://doi.org/10.1002/jcph.1961>

Publications - Chapters

- Platt MW. Pre-medication and anaesthesia. In: "Clinical Surgery in General, RCS course manual" RM Kirk, Averil O Mansfield, John Cochrane – Eds. Churchill Livingstone, London, 1993, 1996.
- R Touquet, J Fothergill, MW Platt. Resuscitation. In: "Clinical Surgery in General, RCS course manual" RM Kirk, Averil O Mansfield, John Cochrane – Eds. Churchill Livingstone, London 1996.
- Platt MW & Jones RM. Fitness for anaesthesia and surgery in the elderly cardiac patient. In: "Geriatric cardiology. Principles and practice". A Martin & AJ Camm, Eds. John Wiley & Sons Ltd, 1994.
- Platt MW. Anaesthesia for dental, maxillo-facial, thyroid and parathyroid surgery. In: "Anaesthesia in Clinical Practice" RM Jones & A Aitkenhead, Eds. Churchill Livingstone 1996.
- Platt MW. Anaesthesia and blood borne infections. In: "Handbook of General Anaesthesia". Goldstone et al, Eds. Cambridge University Press 1996.
- Pain and Impending Death. Saunders, Cicely and Platt, Michael. In: Textbook of Pain 4th Ed, Patrick D Wall and Ronald Melzack—Eds. Churchill Livingstone, London 1999. (Addresses crucial issues surrounding pain and death in the acute hospital setting, especially in Intensive Care).

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